

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**Extra Reading Comprehension Questions**  
**(Unit 4, page 46)**

**COMPREHENSION QUESTIONS**

**A. Look at the Reading on page 46 and complete the sentences.**

1. If you eat meat, it's better to eat \_\_\_\_\_.  
a. red meat                      b. chicken                      c. vegetables
2. Sauces such as mayo and salad dressings are \_\_\_\_\_.  
a. sweet                      b. low in calories                      c. high in calories
3. Ordering \_\_\_\_\_ help you avoid high-calorie options.  
a. veggies                      b. fries                      c. red meat
4. Super-size portions are usually \_\_\_\_\_.  
a. small                      b. healthy                      c. large
5. It's better to \_\_\_\_\_ side orders.  
a. eat                      b. skip                      c. fill up on
6. \_\_\_\_\_ is a healthy alternative to ice cream.  
a. Low-fat frozen yogurt                      b. Mayo                      c. A cookie

**CRITICAL THINKING**

**B. Check the statements that are probably true according to the Reading. Explain your choices using information from the Reading.**

- ☐ 1. Eating fast food every day can be OK.

\_\_\_\_\_

- ☐ 2. It can be difficult to avoid eating fast food.

\_\_\_\_\_

- ☐ 3. Fast-food restaurants don't offer any healthy choices.

\_\_\_\_\_